

# FLLOURISHING

HEALTHY THEN—HEALTHY NOW

Throughout the book of Acts, God is on the move in multiple directions—transforming, renewing, and equipping His children to live out their faith.

## JANUARY

Jan 12: Acts 1:1-11

Jan 19: Acts 1:12-23

Jan 26: Acts 2:1-13

## FEBRUARY

Feb 2: Acts 2:42-47

Feb 9: Acts 4:1-13

Feb 16: Acts 5:17-29

Feb 23: Acts 6:1-7

## MARCH

March 2: Acts 8:1-8

March 9: Acts 8:26-40

March 16: Acts 9:1-19

March 23: Acts 10:23-48

March 30: Acts 11:19-24

## APRIL

April 6: Acts 12:1-14

April 13: Palm Sunday

April 20: Easter Sunday

Could God move  
in such a way today?

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## SMART Goals FOR THE CHRISTIAN LIFE

Specific  
Measurable  
Achievable  
Realistic  
Targeted

I will regularly participate in a Sunday School class or Life Group in 2025, beginning with a fresh commitment in the next two weeks.

I will intentionally pray for my spouse, my children, and my relationship with Christ in 2025, and I will begin this week.

I will prayerfully seek to be proactive when it comes to being holy and pure in my thought life, and I will begin today.

I will train my mind to no longer dwell on the anxieties, doubts, and emotions that dominated my thinking in 2024.

I will actively pray that Christ would mold my thinking, desires, and motivations in such a way that I will become more like Him in all areas of my life.

Heavenly Father,  
Amid the storms of challenging circumstances and an overactive imagination, anchor my restless mind in you. Release my irrational thoughts, my temptation to overthink issues, and my relationships with people. Enable me to resist reliving past regrets and to entirely rest in You, profoundly trusting You for all that lies before me. Grant me your tender touch and comforting peace.  
Amen.